

BEACH BODY BOOT CAMP

**Get your body ready for
SPRING BREAK !!**

**This HARDCORE, INTENSE, BUTT
KICKING workout is for YOU!!!
BOOTCAMP is designed to challenge
you and push your physical limits. No
muscle is left untouched during this
1-Hour session taught by our certified
personal trainers.**

STARTING IN FEBRUARY

MONDAY / WEDNESDAY

5:30 - 6:30 PM

OR

TUESDAY / THURSDAY

10:00 - 11:00 AM

Ringside Fitness

\$125.00

Sign up today!

(906) 228-7600